

## *Impact of us 2* ERASMUS+

---

### **Asociatia Babilon Travel: Joining “The Impact of Us 2” for a More Inclusive Future!**

Asociatia Babilon Travel (ABT) is excited to announce our participation in “**The Impact of Us 2**,” an Erasmus+ KA1 youth exchange taking place in **Zagreb, Croatia, from October 23rd to October 30th, 2024**. This remarkable project will unite **66 young participants** from **Bulgaria, Romania, and Croatia** for a week of transformative experiences centered around sports, inclusion, and intercultural dialogue. This project is funded by the European Union.

#### **Our Mission: Empowering Youth Through Inclusion**

At ABT, our mission is clear: we are dedicated to promoting **inclusion**, fostering **intercultural dialogue**, and using **adaptive sports** as tools for empowerment among young disabled people and those facing fewer opportunities. We believe in the potential of every young person to thrive, and this project aligns perfectly with our commitment to **active European citizenship** and **social integration**.

Since our founding in **2013**, we have focused on developing accessible tourist tracks, especially in **Transylvania** and **Cluj-Napoca**, catering specifically to young individuals with disabilities. Our initiatives also include organizing outdoor activities that allow disabled youth to engage with their communities, both locally and internationally.

#### **Building on Previous Success**

“The Impact of Us 2” is a continuation of the groundbreaking project “**The Impact of Us**” from 2022, which achieved significant success in empowering youth through sports and social inclusion. The first edition inspired participants to boost their self-confidence, improve their social skills, and stay active despite challenges. Our involvement in this new project will expand these successes and further enhance the opportunities available to young people.

#### **Addressing Real Challenges**

This initiative was developed with input from young individuals facing disabilities and fewer opportunities. They identified key barriers in their lives, such as limited access to physical activities, lack of professional support, and insufficient inclusive spaces. “The Impact of Us 2” aims to tackle these challenges head-on, creating a safe environment where participants can grow physically and emotionally.

#### **Our Goals for a Better Tomorrow**

Asociatia Babilon Travel is committed to several key objectives during this youth exchange:

- **Knowledge Sharing:** We will help participants learn how and where to exercise, adapting activities for different abilities.
- **Social Inclusion:** Our aim is to foster social skills and build a supportive community among participants.
- **Boosting Confidence:** Through engaging in sports and recreational activities, participants will enhance their self-esteem and motivation to stay active.

- **Cultural Exchange:** We want to connect youth from different countries, promoting intercultural understanding and a sense of belonging to the wider European community.
- **Highlighting Erasmus+:** Participants will also receive the **Youthpass certificate**, acknowledging their achievements throughout the exchange.

### **A Collaborative Journey**

One of the strengths of “The Impact of Us 2” is the collaboration among partner organizations like **Taekwondo Klub Maksimir** from Croatia and **ArTeam** from Bulgaria. Together, we aim to create a holistic approach that breaks down stereotypes and empowers youth to take charge of their lives. By fostering an inclusive environment, we ensure that every participant feels valued and capable of achieving their full potential.

### **Looking Ahead: A Bright Future for Youth**

As we prepare to send our youth to Zagreb, we are filled with anticipation for the experiences that await. “The Impact of Us 2” embodies the spirit of **Erasmus+**, showcasing how youth-led initiatives can drive meaningful change in addressing real-world challenges.

Stay tuned for updates as we embark on this exciting journey, committed to building a stronger, more inclusive community for young people across Europe through the power of sports and active participation!